

LAUREN DORRIS, LCSW is a Licensed Clinical Social Worker. Lauren completed her Bachelor's degree in Psychological Science with a minor in Social Work at Western Kentucky University in 2019. She continued her education and earned her Master's degree in Social Work from Western Kentucky University in 2021. Lauren completed graduate internship hours at Potter Children's Home and Wilson Counseling. Lauren served as a member in Phi Alpha Honor Society and was nominated for the Outstanding Graduate Student and Legacy Student award. Lauren was published in *Traumatology* journal in 2021 as first author. Lauren received her CSW licensure in 2021 and completed 2 years of clinical supervision. After completing 2 years of clinical supervision, Lauren received her LCSW licensure in 2023.

Lauren has attended many community outreach events to serve children and families, such as "Stand for Children Day", "Mental Health Night", and "Take Back the Night." Lauren has clinical experience helping clients with anxiety, depression, obsessive-compulsive behaviors, social anxiety, anger, stress, mood-related disorders, and adjustment to change. Lauren has most experience working with children, teens, and young adults. Lauren's hobbies include cooking, yoga, mindfulness/meditation, drinking coffee, traveling, playing soccer, spending time with loved ones, and listening to Taylor Swift.

Lauren's primary therapeutic approaches include Cognitive-Behavioral Therapy, Dialectical Behavior Therapy, Positive Psychology, Mindfulness, Behavior Modification, Solution-Focused Therapy, and Expressive Therapy.